

WEEK 1

W/C: 15/04, 06/05, 03/06, 24/06, 15/07, 09/09, 30/09, 21/10

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza 	Classic Beef Burger Served with Potato Wedges	BBQ Chicken Served with Roast Potatoes	Turkey Con Chilli  Served with Wholegrain Rice	Fish Fingers Served with Chips	
	BBQ Quorn Fillet  Served with Wholegrain Rice	Vegetarian Burger  Served with Potato Wedges	Vegetarian Cottage Pie  Served with Gravy	Chilli No Carne with Crispy Tortilla  Served with Wholegrain Rice	Quorn Dippers  Served with Chips	
JACKET POTATO	Jacket Potatoes  with a choice of hot and cold fillings	Jacket Potatoes  with a choice of hot and cold fillings, including Salmon Mayonnaise 	Jacket Potatoes  with a choice of hot and cold fillings	Jacket Potatoes  with a choice of hot and cold fillings	Jacket Potatoes  with a choice of hot and cold fillings	
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta 						
All main meals are served with two vegetables						
DESSERT	Chocolate Sponge with Chocolate Custard	Crispy Crackle Bar with Fruit 	Strawberry Jelly	Original Flapjack	Vanilla Ice Cream	

PACKED LUNCH AVAILABLE
sandwiches available daily with veg sticks and fresh fruit or dessert of the day

AVAILABLE EVERY DAY
Water, salad, freshly baked bread, yoghurt & fresh fruit

 **Vegetarian**  **Oily Fish**  **Wholegrain**
 **Fruity!**  **Nutritionist's Choice**

WEEK 2

W/C: 22/04, 13/05, 10/06, 01/07, 22/07, 16/09, 07/10

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza Served with Potato Wedges	Beef Bolognese Served with Wholewheat Pasta	Roast Chicken Served with Roast Potatoes and Gravy	Butter Chicken Curry Served with Wholegrain Rice	Southern Fried Chicken Served with Chips
	Sweet Potato Curry Served with Wholegrain Rice	Veggie Burrito	Quorn Roast Served with Roast Potatoes and Gravy	Macaroni Cheese	Veggie Fingers Served with Chips
	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings, including Salmon Mayonnaise	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta					
All main meals are served with two vegetables					
DESSERT	Raspberry Yoghurt Cake	Banana and Carrot Cake	Orange Jelly	Chocolate Shortbread with Fruit	Strawberry Ice Cream

PACKED LUNCH AVAILABLE
sandwiches available daily with veg sticks and fresh fruit or dessert of the day

AVAILABLE EVERY DAY
Water, salad, freshly baked bread, yoghurt & fresh fruit

 Vegetarian
  Oily Fish
  Wholegrain
 Fruity!
  Nutritionist's Choice

WEEK 3

W/C: 29/04, 20/05, 17/06, 08/07, 02/09, 23/09, 14/10

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza Served with Potato Wedges	Pork Sausages Served with Mashed Potato and Gravy	Roast Chicken Served with Roast Potatoes and Gravy	Chicken and Broccoli Pasta Bake Served with Chips	Fish Fingers Served with Chips
	Chinese Vegetable Noodles	Vegetarian Sausage Served with Mashed Potato and Gravy	Cheese and Onion Pasty Served with Roast Potatoes and Gravy	Meatless Balls in Tomato Sauce Served with Rainbow Rice	Quorn Dippers Served with Chips
	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings, including Salmon Mayonnaise	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta					
All main meals are served with two vegetables					
DESSERT	Chocolate Brownie with Fruit Slices	Strawberry Jelly	Chocolate Ice Cream	Vanilla Sponge with Custard	Banana Cake

PACKED LUNCH AVAILABLE
sandwiches available daily with veg sticks and fresh fruit or dessert of the day

AVAILABLE EVERY DAY
Water, salad, freshly baked bread, yoghurt & fresh fruit

 Vegetarian
  Oily Fish
  Wholegrain

 Fruity!
  Nutritionist's Choice